

Do you look after someone?

All GP practices have been asked to identify patients registered with their practice who have someone to look after/care for and meet the criteria below. The purpose of this exercise is to help us to identify how many carers there are in this district, what informal training and support they need and whether they are receiving the support services and respite services they are entitled to. Identifying carers is a vital first step in improving services. All information on individuals will be treated as **strictly confidential** within the practice.

What is a 'carer'?

It is important that everyone works to the same definition when compiling a list of carers.

If someone cares for, or looks after:

their husband or wife, child, parent, another member of the family, a friend or neighbour, because that person is unable, because of illness, disability or old age, to perform the daily tasks of life for themselves, and if the caring role occupies many hours a week, or makes a significant change to their lifestyle, then they are a 'carer'.

Identifying 'cared for patients' and their carers –

For each patient and carer please record the following information:

The 'cared for' person

Name.....

Age

GPSurgery Name.....

Disability/Illness of the cared for person

The person who looks after the person above – the 'carer'

Name.....

Age.....

GPSurgery Name

Carers signature

We may receive information from time to time that may be of specific interest to you and ask you to indicate below whether you are happy for us to forward this information to you.

I consent to receive 'carers' information from the practice

Yes/No

****Please contact the practice(s) should your circumstances change so that they can update their records and avoid causing you any embarrassment.**

For practice use:

Patient ID No.System updated – date Initials

Your local carers organisation, **Lonsdale District Carers**, offers independent information and support. **Freephone 0800 1696529**